Scottish Storytelling Centre

Apr-Jun 2020

EVENTS

WORKSHOPS

Box Office 0131 556 9579
www.scottishstorytellingcentre.com

43-45 High Street, Edinburgh EH1 1SR
The Scottish Storytelling Centre is free to enter, with a small charge for entry to John Knox House and varying prices for events. The Centre includes the Storytelling Café, Netherbow Theatre, Storytelling Court, George Mackay Brown Library, Exhibition space and our Bookshop.

Families are welcome!
Highchairs and baby changing facilities are available. Events with this symbol are particularly suitable for children and families.

The Centre is accessible!
Accessible to wheelchair users, there are audio loops in our performance areas and Braille signage throughout. Please let us know if you'd like any of our publications in a different format or if you need assistance once you're here. A full copy of our Access Statement is available on our website.

**BOX OFFICE**

**Phone:** 0131 556 9579  
**Online:** www.scottishstorytellingcentre.com  
**reception@scottishstorytellingcentre.com**  
**In Person:** Mon-Sat, 10am - 6pm (occasional Sundays)

A booking fee of £1 per transaction is charged for online and phone bookings. No booking fee is applied to tickets purchased in person from the Centre's Box Office.

We try our hardest to make sure all details are correct, but to avoid disappointment please check with the box office. Sometimes the Centre's exhibition space is not accessible to the public because of a private function. Please call ahead to check.

**TRACS** (Traditional Arts & Culture Scotland SC043009) is the lead strategic partner in the public programme of the Scottish Storytelling Centre, celebrating Scotland's traditional arts, and their inspiration for contemporary society and culture. Supported by **Creative Scotland** and **City of Edinburgh Council**. www.tracscotland.org

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0131 556 9579 or email: supporters@scottishstorytellingcentre.com

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* 'The story is told eye to eye, mind to mind and heart to heart'*  
  *Scottish Traveller proverb*
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REGULAR SESSIONS

10am & 11.30am (40mins) | £5 per child | 1-3yrs

**Tiny Tales**

Tiny Tales is the perfect introduction to storytelling and the Centre for your wee ones. A different storyteller each month will share stories, songs and rhymes, with plenty of space for buggies and roaming around!

- **Tue 7 Apr** • Teddy Bear Picnic with Lorna Shields
- **Tue 12 May** • Tubbly Bubbly over the Billows with Beth Cross
- **Tue 9 Jun** • Animal Play with Ben Mali Macfadyen

7pm - 9pm | £5 (£4.50 SCS)

**Café Voices**

The Centre’s monthly storytelling night, with an open-floor section for storytellers to tell their own tales, or bring a poem, song or music to share. All held in the relaxed setting of the Storytelling Court.

- **Thu 9 Apr** • Fools and Tricksters with Gerry Durkin
- **Thu 7 May** • Traditional Tales of Music and Mayhem with Beverley Bryant
- **Thu 11 Jun** • Play it by Ear with Daniel Serridge

7.30pm - 10pm | By donation (suggest £5/£4)

**Guid Crack Storytelling Session**

Edinburgh’s long-running storytelling club meets on the last Friday of the month, upstairs in the Waverley Bar, St. Mary’s St.

- **Fri 24 Apr** • Tales for Now with Alice Fernbank
- **Fri 29 May** • Where the Heart Is with Bob Mitchell
- **Fri 26 Jun** • Summer Walkers with Tony Robertson
8pm - 10.30pm | By donation (suggest £5)

The World's Room

The World's Room is a home for traditional singing in Edinburgh, organised by the Traditional Music Forum and held in the Waverley Bar, St Mary's St.

- Fri 17 Apr  ● with Francy Devine
- Fri 22 May  ● with Jo Miller
- Fri 19 Jun  ● with Jimmy Hutchison

Thu 16 Apr & Fri 15 May | 7.30pm - 10pm

Loud Poets Presents...

One of the UK's most successful spoken word collectives, Loud Poets present a monthly showcase of the UK's top spoken word talent. This is make some noise, fist-thumping, pint-drinking, side-tickling, heart-wrenching poetry. This is poetry for the masses. 'Throughout there's a humour, poignancy and most of all a confidence which serves to inspire.' (Scotsman).

- Thu 16 Apr | £10 (£8) (£7.50 SCS)  ● A Beautiful Way to be Crazy by Genevieve Carver & The Unsung
- Fri 15 May | £8 (£6) (£5.50 SCS)  ● Loud Poets: The Slam

photo: Bejoy Sanjeev
and let your imaginations run wild in this awesome puppet making workshop which is suitable for all ages and abilities. Choose from a huge array of colourful, shiny, fluffy, and inspirational bits and bobs and get creative! What will you make?!

Sat 4 Apr | 1.30pm - 2.15pm
£9 (£7) (£6) (£26) (£6.50 SCS) | 3+
**Gingerbread Man**
*Clydebuilt Puppet Theatre*
Imagine a world made entirely of biscuits: trees, houses and stars in the sky. Into this beautiful world comes a Gingerbread Man, creating havoc wherever he goes. He meets a majestic cow, a stubborn goat and an opportunistic bird. But... can the Gingerbread Man outwit the dastardly Fox? With a foot-tapping Yummy Chase soundtrack reminiscent of an old movie – and minimal language, this is a tremendously popular story with younger audiences. A visual feast designed for young children and their families.

Wed 8 Apr (11.30am & 1.30pm) & Thu 9 Apr (10.30am & 12.30pm) | 50mins | £9 | 5+
**You Are Magic!**
Join the fun as we conjure up a magic show from thin air! Thrilling illusions, spooky mind reading, stunning sleight-of-hand, and death-defying escapes. The audience helps to create the show by using their imagination, ingenuity, and ability to saw someone in half. Gasp, laugh, and discover your secret magical talents. And who knows, you might even become the star of the show! A magic show for children and childish grown-ups featuring magician extraordinaire Magic Gareth.

Wed 8 Apr (3.30pm) & Thu 9 Apr (2pm & 4pm) | 1hr | £10 | 8+
**Trick Trick Boom!**
'BEST MAGIC' Adelaide Fringe. Edinburgh Fringe Sell-out. Trained by Penn & Teller! World record-breaking magician Kevin Quantum returns with more blow-your-brains magic and big laughs in a fast-paced show that will rock your socks off. And you won't even have to take off your shoes.

***** 'Master Illusionist (The Advertiser)'
***** 'part magic, part comedy & all genius' (CreamMag)
Fri 10 Apr - Sun 10 May

**Exhibition: The Highland StoryQuilts of Lizzie McDougall**

A colourful visual celebration inspired by connection, collaboration, community and the power of storytelling. The StoryQuilts are made from off cuts of fabric and illustrate stories gathered around the Highlands. Storyteller and artist Lizzie McDougall has involved hundreds of people in the process and is delighted to showcase them in Edinburgh.

Sun 10 May | 3pm - 5pm
£7 (£5) (£4.50 SCS)

**Distil Showcase**

Hands Up for Trad's annual showcase of new music written by traditional musicians and performed by Mr McFall’s Chamber, featuring compositions by Kathleen Boyle, Seán Gray, Lorne MacDougall, Claire Gullan, Jamie Macdonald, Hamish Napier, and Emma Tomlinson.

Fri 10 Apr | 8pm - 10pm
£10 (£8) (£7.50 SCS)

**Our Body of Grief**

Part of The Edinburgh Passion, bringing the city together to tell the Easter story. A short, intense performance exploring contemporary grieving, for our planet, our social fabric, our lost loved ones and more. Song, poetry, movement and visual imagery combine to honour outrageous loss and dare us to love again.

Sat 11 Apr | 4pm & 5pm (20mins)
£7 (£5) (£4.50 SCS)

Photo: Martin Forry

**Elemental Voices**

Ever thought you heard a voice in the sparkling fire or in the song of a stream? Ever felt like the wind was talking to you or the earth was humming a soft lullaby? Let storytellers Beverley Casebow and Virginia Bjertnes take you on a journey of stories from the elements and rediscover ancient forgotten wisdom from our lovely planet. Part of the Edinburgh Science Festival.

Wed 15 Apr | 7.30pm - 9.15pm
£10 (£8) (£7.50 SCS)

Photo: Beverley Casebow
Fri 17 Apr | 7.30pm - 10pm | £10 (£8) (£7.50 SCS)

**Second Sight**
A night-out of storytelling, music and friendship to tease the senses, where your mind can freely adventure in the rich and elusive flow of live storytelling. Fresh voices promise an eclectic mix of entertainment, as contemporary artistry meets traditional folklore. Hosted by Dougie Mackay with a specially curated line-up of guests.

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Sat 18 Apr | 3pm - 4pm | £10 (£8) (£32) (£7.50 SCS) | 6+

**Space Ape**
by Andy Cannon

Once upon a time, approximately twenty years from now, Yorick stands alone, suited up and ready to blast off in a rocket on his celebrated journey to Mars. Space Ape is an award-winning science fiction storytelling performance for everyone aged 6 and over, by Andy Cannon, Scotland's leading storyteller for young audiences. Winner of the 2018 CATS Award - Best Production for Children and Young People. Part of the Edinburgh Science Festival. Produced by Red Bridge Arts.

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Fri 24 Apr | 8pm - 10pm | £15 (£12) | 16+

**Fibro My Arth!**

Carina MacLeod’s one-woman show is a hysterical account of her life since being diagnosed with the chronic illness fibromyalgia and osteoarthritis, and how she copes with her illness day to day. Carina is currently Scotland’s only bilingual stand-up comedian, performing in English and Gaelic across the Scottish Comedy Circuit.

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Sat 25 Apr | 11am - 2pm | £5 | All Ages

**Family Beltane**

This delightful Beltane Fire Society tradition allows parents to share in the magic of the Beltane story with their little ones through storytelling, face painting and arts & crafts, in advance of the Fire Festival at Calton Hill on Thu 30 Apr.
Fri 1 May | 4pm - 6.30pm | £10 (£8) (£7.50 SCS)
Guided Walk (meet at the Storytelling Centre)
**Stones of the Ancestors: Walking the Beltane Landscape**
This guided walk round Arthur’s Seat introduces the mythological landscape of our ancestors in all its seasonal glory. How was the landscape understood and what part did it play in the main festivals? Led by Stuart McHardy and Donald Smith in celebration of the monumental book Stones of the Ancestors by Stuart McHardy and Douglas Scott (Luath Press).

Fri 1 May | 7.30pm - 8.30pm | £10 (£8) (£7.50 SCS)
**The Golden Fly**
Celtic Goddess Ethaun, transformed by sorcery into a golden fly, is condemned to wander the worlds in search of her truth. Storyteller Alice Fernbank and musician Graham Dickson share the epic journey of a shape-shifting goddess.

Sat 2 May | 11.30am - 1.30pm | Free | Parade
**May Day Procession on Climate Justice**
The Edinburgh and Lothians May Day Parade campaigns this year for Climate Justice across the world. The procession begins on Johnston Terrace (meet here) and proceeds to The Pleasance, led by a pipe band. The Netherbow Mummers bring up the rear with some carnival colour and mayhem. All Tradfest and SSC performers and friends are invited to join in!

Sat 2 May | 2.30pm - 3.30pm | £5 (£4.50 SCS) | 3+
**Ceilidh Crew: A Wee Jamboree**
Fancy a wee jamboree wi Auntie Bee and Bonnie Mcree. A fun time oot wi ceilidh crew, no to be missed. Wi stories fae auld reekie - some you ken and some you dinnae. Cannae wait for fun and songs see you soon for oor Scots sing-a-long. P.S Subtitles if you dinnae ken.

Sat 2 May | 7.30pm - 10pm | £10 (£8) (£7.50 SCS)
**The Ceilidh House: May Day**
Welcome to the Ceilidh House, where people meet to dance, sing, play music and share stories. Join us for a special ceilidh on the evening of the May Day Parade in a friendly, lively, and enjoyable setting, with the chance to participate or just to sit back and enjoy the fun!
Sun 3 May | 12pm - 3pm | £5 (£4.50 SCS) | 5+

**Macastory’s Play in A Day: Robin Hood Riot!**

Rooted in the riotous Robin Hood plays of Edinburgh’s past, join Ron & Fergus from Macastory as they take the mayhem of this tradition back to the streets of Auld Reekie once more! Help create a modern take on this old tradition, writing, rehearsing and performing a Robin Hood play all in one day! A fun-filled, action-packed workshop and performance starring you!

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Mon 4 May | 2pm - 3pm | £5 per child | 6+

**Sàrghaisgich! - Great Gaelic Superheroes**

Learn about the origins of the Northern Lights, the Blue Men of the Minch and the Fairies on a fantastical, interactive adventure with storyteller Ariel Killick. Join the supernatural superheroes to help Warrior Queen Sgàthach keep her kingdom from the Evil King! An immersive and fun bilingual performance for ages 6+.

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Tue 5 May | 2pm - 4pm Free

**Café Ceilidh: Spring Sing**

Join the Scots Music Group for a relaxed afternoon of traditional songs, music, poems and stories.

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Tue 5 May | 7pm - 9pm | £8 (£6) (£5.50 SCS)

**Scotland Free or a Desert**

In 1820 radical workers in Scotland rose in armed revolt. The ‘Scottish Insurrection’ was infiltrated by double agents and swiftly crushed. Hardie, Baird and James Wilson were executed. Join Stan Reeves, Stuart McHardy and the Lanark songwriters to find out what motivated the rising and its rousing call to action. Hosted by Donald Smith.

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Fri 8 May | 45mins | £5 (£4.50 SCS)

**It’s in the Bag!**

This award-winning duo delight in taking children’s imaginations on a storytelling adventure, with rhymes, songs, drama, creative games and puppets bringing the story to life.

**In the Jungle** | 10am (0-2yrs)

Puppets Sam & Rosie are off on their holidays, across the ocean to the jungle! Sam’s pet frog comes too, but escapes – oh no! What animals will we see on our adventure to rescue him? Lots of well-known songs and rhymes for little ones.

**Princesses & Knights** | 11.15am | (3-6yrs)

Let’s turn a traditional tale on its head. Our heroine Rosie is galloping across the magical kingdom to rescue the ensnared Knight Sam. Solve the riddles, sing the songs and play the games - and help Rosie save Knight Sam!
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Fri 8 May | 7.30pm - 9.30pm | £10 (£8) (£7.50 SCS)
Diarmuid & Grainne
An ancient epic that ranges across Ireland and Scotland, from blood-soaked battles and enchanted forests to lonely mountaintops. Daniel Allison and Kirsty Law weave together storytelling, folksong and innovative soundscapes to bring you beauty, tragedy and wonder combined in this timeless and unforgettable tale.

Sat 9 May | 2pm - 3.30pm | £5 (£4.50 SCS) | All Ages
Family Ceilidh
Come with family and friends to dance and sing well-known Scottish dances and songs. All the dances will be called and there will be easier circles for littler ones. A fun introduction to sociable dancing with live music and some stories too.

Sat 9 May | 8pm - 9pm | £10 (£8) (£7.50 SCS)
L ë l ä: The Cosmic Play
Drawing inspiration from ancient traditions of music, storytelling and dance from Bali and around the world, Monica De Ioanni and Marion Kenny create original music, and new choreography to retell the eternal story of Cosmic Play, which explores our sense of belonging, identity and the ever turning cycle of life.

Edinburgh International
Children’s Festival
20–31 May 2020

Save the Date!

What to expect at the Festival:
★ 15 visually stunning theatre and dance shows
★ Lots of laughs, gasps and maybe the odd cry
★ An experience that will stimulate curious minds
★ Free Family Day at the National Museum

Book tickets and explore the programme from 24 March
www.imaginate.org.uk
Thu 14 May | 7.30pm - 9.30pm | £8 (£6) (£5.50 SCS)
**Real Talk: Storytelling for Wellbeing**
An evening of storytelling, connection and honesty, creating a safe space to speak about one of our most beautiful assets, our minds! Attendees are offered an opportunity to gain insight into the individual experiences of the speakers around mental health. Please be aware sensitive topics will be discussed.

Sat 16 May - Sat 30 May
**Exhibition: Conversations for Change**
Conversations for Change is a public art project about mental health. The work might be called an artistic intervention, a social experiment or an interruption to a person’s day. This retrospective exhibition of the whole project also includes the launch of a How to Guide on Sat 16 May (2pm), so that others can recreate the conversations or share the project in their own communities.

Tue 19 May | 2pm - 3.30pm | Free
**Out of Sight, Out of Mind Afternoon Tea**
Enjoy tea and cake with exhibitors and organisers of ‘Out of Sight, Out of Mind’, an exhibition of artworks by people who have experienced mental health issues. Find out more about taking part in October 2020’s exhibition. Everyone welcome.
Wed 27 May | 6.30pm - 8.30pm | £5 (£4.50 SCS)

**Songwriting Unboxed**
A singer/songwriter concert and masterclass, featuring Jason Sweeney and students from the Music Box at Edinburgh College. Hear the hits of the future and get a peek inside the songwriting process in a relaxed and enjoyable evening of new music. Part of the Glow Festival.

Sat 30 May | 8pm - 9.30pm | £12 (£10) (£9.50 SCS) | 18+

**Scott Gibson: White Noise**
Glasgow’s critically acclaimed and award-winning son returns with a brand-new hour of darkly comedic storytelling as part of his new tour. Delivered in his trademark, breathlessly inimitable style, Gibson covers everything from depression to love; the murkier hues of mental health, the pursuit of happiness and the unparalleled odyssey of defecating in a bath... and having to rescue it. This year, the 2016 Comedy Award winner promises to help you cut through the White Noise. **** (Guardian) ***** (Evening Standard)

Fri 5 June - Sat 27 June

**Exhibition: Island Dreams – Mapping an Obsession**
Gavin Francis examines our collective fascination with maps and islands in this exhibition stretching across four centuries of cartography from Scotland and around the world. Presented alongside excerpts from the book (published by Canongate) and celebrating Scotland’s Year of Coasts & Waters 2020.

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**we play festival**

Running from 6-13 June, We Play celebrates children’s free play in Scotland in a beautiful pop-up play-café combined with talks, workshops, storytelling, wellbeing events, music, arts and film.

We’ll be asking:
What do we really mean by play? How child-centred are our cities? How are play and social justice linked? And more... Simply stop in for a cuppa - or to take part in We Play events check out scottishstorytellingcentre.com/weplay (or pick up a full programme at the box office).

For detailed play-café opening times visit scottishstorytellingcentre.com/weplay
Sat 13 Jun | 7.30pm - 10.30pm
£10 (£8) (£7.50 SCS)
**Fresh Tracks Songwriter Circle Showcase**
A collective of some of the UK's finest songwriters take to the Scottish Storytelling Centre stage. Featuring an array of established and emerging musicians and performers, including Becci Wallace, Rosie Bans, Johnny Cypher, Lorna Reid, Jigsawtiger plus many more. Expect brand new material, collaborations and diverse creative energies!

Tue 16 Jun | 2pm - 4pm | Free
**Café Ceilidh: Summer Stramash**
Join the Scots Music Group for a relaxed afternoon of traditional songs, music, poems and stories.

Tue 16 Jun | 8pm - 10pm | £10 (£8) (£7.50 SCS)
**Ewan Macintyre Band: Dream on Sally**
Cowboy campfire sounds immersed in soulful attire, where Celtic grooves meets jazz bar crooning. With an array of all-star musicians and projected animations, Ewan Macintyre celebrates the launch of his new album Dream on Sally; an intimate acoustic music project recorded in Nova Scotia, Montreal and the Isle of Mull, featuring lush string arrangements and storytelling.
Fri 19 & Sat 20 Jun | 7pm - 8pm
£9 (£6) (£5.50 SCS) | 8+
Cracked
Written by Diane Stewart
Directed by Ellen Shand
A heatwave at the end of term. Things not quite as they seem. The feeling that something is following you... maybe it's just the summer holidays, maybe something else? The world is looking different; you'll need friends to help you through.
Performed by the Friday 11-14s youth theatre group.

Fri 19 & Sat 20 Jun | 9pm - 10pm
£9 (£6) (£5.50 SCS) | 8+
A Taste of Summer
Written by Duncan Kidd
Directed by James Beagon
The midsummer festival. A chance to see your favourite pop star, to ask out the person of your dreams, to kidnap your idol...!!! Rival fan clubs. Young lovers. Chatty ninjas. All finding their first taste of freedom...the taste of Summer...
Performed by the Wednesday 11-14s youth theatre group.

Sat 20 (3pm) & Sun 21 Jun (11.30am)  1hr
£9 (£6) (£5.50 SCS) | All ages
Max to the Future
Written by Tim Primrose
Directed by Catherine Ward-Stoddart
Max has not done his homework. Oh no! What should Max do? Build a time-machine and travel into the future, of course. Duh!
Performed by the Friday 8-10s youth theatre group.
Sun 21 Jun | 12pm - 5pm | Free

**Make Music Day**

Make Music Day is a global festival of music that takes places annually on the Summer solstice in over 120 countries around the world. To celebrate this, choirs and acoustic music groups will perform in the beautiful Storytelling Court and Café, showcasing the excellent contribution that leisure-time musicians make to our musical landscape. A relaxed, free and un-ticketed event.

Mon 22 Jun | 8pm - 9.45pm | £10 (£8) (£7.50 SCS)

**Gillebrìde MacMillan**

Performing self-penned songs from his highly acclaimed 2018 album Freumhan Falaichte - Hidden Roots, South Uist born singer - and bard of Outlander - Gillebrìde MacMillan deals with a range of personal, cultural and political issues, linking Gaelic song with contemporary rhythms and arrangements. Also featuring Mhairí Hall on piano and flute, Fraser Fifield on whistle and kaval, Ewan MacPherson on guitar and Donald Hay on percussion. "An enormously significant album... breathtakingly accomplished" (Folk Radio UK)
Mon 22 & Tue 23 Jun | 7.30pm - 8.30pm  
£10 (£8) (£7.50 SCS)  
**The John Muir Way**  
by Rebekah King  
John Muir’s pioneering work led to the establishment of the world’s first national park system and he is rightly considered a pioneer of nature conservation. But who were the women who inspired him? And if it weren’t for these women would we even know who he is today? Following previous sell-out shows, Battery Theatre return to share the life of this incredible Scot through stories and song.  
*Performed outside in the Sandeman House Garden, please dress for the weather.*

Fri 26 & Sat 27 Jun | 7pm - 9.45pm  
£14 (£12 conc. & early bird) (£11.50 SCS)  
**Double Bill: Black Comedy / The Real Inspector Hound**  
Edinburgh Acting School present a double bill of theatre as Peter Shaffer’s Black Comedy and Tom Stoppard’s The Real Inspector Hound receive a new, distinctly Scottish touch from their rep of talented performers. Presented by special arrangement with Samuel French Ltd, a Concord Theatricals Company.

Sat 27 Jun | 11am - 12pm | £5 (£4.50 SCS) | 5+  
**Stories from Grannie’s Pocket**  
Hear some magical stories which were kept in Grannie MacDonald’s little bag. Storyteller Amy Douglas shares stories that she learned from Traveller storyteller Duncan Williamson, who never tired of sharing Grannie’s stories.

Sat 27 Jun | 7.30pm - 9.30pm  
£10 (£8) (£7.50 SCS)  
**The Summer Walkers: A Night by the Campfire**  
The travellers joy at going on the road, freed from winter quarters, was expressed through stories, songs and music. Experience a feast of Scottish traditions, hosted by Jess Smith with Amy Douglas, Heather Yule, James Spence and Jimmy Williamson. See related workshop on pg. 19.

Mon 29 Jun | 11am - 3pm | £8 | 8-12yrs  
**Stories for the Earth**  
We invite you on a journey where great peril is transformed into great promise. A fun and inspiring opportunity to learn storytelling skills and imagine a ‘new wild’ where our connection with nature can be restored. Led by storyteller Claire McNicol and ecologist Ian Edwards, celebrating 20 years of the Earth Charter.
Wed 15, 22, 29 Apr | 6.30pm - 8.30pm | Free | Music and Folk Drama

Street Performance for May Day: Musicians and Mummers
Join in some classic Scots tunes and songs, along with some classic street theatre, to prepare for the May Day/Beltane celebrations. Connect in a new and joyful way with music and drama from Scots heritage. The annual May Day procession is on Sat 2 May. For further info contact Stan on 0773 026 8001 or stanreeves@gmail.com.

Sat 25 Apr | 11am - 4pm
£5 | Street Theatre

Birds of May
Join Jan-Bee Brown and the Netherbow Mummers to create some bird pageantry for the May Day procession on Sat 2 May (see p.9). Learn some craft skills, experience classic folk drama and have fun! Accompanied children over 5 and adults all welcome.

Sat 2 May | 10.30am - 4.30pm
£26 (£20 Forum Members) | Storytelling

Cailleach: Exploring the Beltane Myth
Explore story and self through creative life-writing, imagination and storytelling. Using the Cailleach, the Celtic winter goddess as inspiration, the group will explore the mythic self, travel this imaginative landscape and see what might give fire and power to our own embodied creativity in art and life. With Janis Mackay, a writer and storyteller, and an explorer of the myth-illumined self.

Did you know? Members of the Traditional Music Forum, the Scottish Storytelling Forum and the Traditional Dance Forum of Scotland are entitled to discounted rates on workshops. For more information on Memberships visit www.tracscotland.org
Wed 6, 13, 20, 27 May & 3, 10 Jun
10.30am - 12.30pm | £60 (£48)

**Maternal Journal**
This workshop series promotes creative journaling to explore thoughts, feelings and personal experiences around pregnancy, birth and mothering that can make a positive difference to mental health and well-being. Connect and explore your creativity and make your own personal maternal journal by learning quick tools and techniques that fit in with everyday life. Babies under 12 months are welcome to attend with you. Led by Lauren McLaughlin from Split Milk Gallery. Part of the Scottish Mental Health Arts Festival.

Sat 16 May | 2pm - 4.30pm
£15 (£12 Forum Members) | Music

**What Makes This Ballad So Great?**
Why is it some ballads are more popular than others and more frequently sung? What draws people to them? Folklorist and singer Kath Campbell explores the language, story, structure and melody of a favourite ballad and shares ideas for performance.

Fri 22 May | 2.30pm - 4pm
Free (ticketed) | Storytelling

**Green Elders**
What can we learn about sustainability from our elders? This intergenerational storytelling workshop explores imaginative and practical action we can take to support personal and planetary wellbeing. Led by storytellers Lea Taylor and Jane Mather. Part of the Scottish Mental Health Arts Festival.

Sat 23 May | 2pm - 4.30pm
£15 (£12 Forum Members) | Storytelling

**Play Hero Cards**
Hero Cards is a game designed to make it easy for a small group of people to make up well-structured stories together. The workshop will begin with an introduction to story structure and an explanation of the game. People will then break into groups of three or four. During the session, we will talk about the experience of creating stories together and mix around the storytelling teams. Led by Mark Davidson of iCoaching.

Sat 30 May | 2pm - 4.30pm
£15 (£12 Forum Members) | Music

**What Makes This Tune So Great?**
How is it some traditional tunes stand the test of time, while others don't? Join Hamish Napier as he dissects some favourite tunes to find out what makes them stand out. Bring an instrument and play the tunes, or simply enjoy Hamish's entertaining take on tradition.

Sat 6 June | 10.30am - 4.30pm
£26 (£20 Forum Members) | Storytelling

**Effective Storytelling with Children**
Storyteller and Educator, Lea Taylor discusses the practical and creative stages in live storytelling with children. Learn how to choose the right story, develop skills for delivering it and encourage children to participate in telling their own stories. A treasure trove of tips and approaches for everyone.

Sat 27 Jun | 2pm - 4.30pm
£15 (£12 Forum Members) | Storytelling

**The Summer Walkers: Inspired by Scotland’s Travelling People**
When the Travellers took to the road, they carried an incomparable treasure of folklore with them and gathered more as they went on. In this workshop Amy Douglas and James Spence share what they learned from Travellers Duncan Williamson and Stanley Robertson respectively. These two great artists have had a huge influence on the art and philosophy of traditional culture and they continue to inspire younger generations. Hear it from the horse’s mouth. For related events see p.17.
Explore the drama of Scotland's Reformation in this ornate 15th century building, associated with some of the most dramatic events in the nation's turbulent history. Discover the stories of John Knox, James Mossman and Mary, Queen of Scots in one of Scotland's greatest cultural treasures.

Please contact us to arrange a bespoke tour of John Knox House or the surrounding Netherbow area.

Cover image: Space Ape © Mihaela Bodlovic